



NMS
MEDICAL LOGISTICS
Passionate about your Life

NATIONAL MEDICAL STORES

NMS Congratulatory Message to NDA

The Board of Directors, Management and Staff of National Medical Stores (NMS) wish to congratulate National Drug Authority (NDA) as it marks her 25 years of excellent service to the nation. We don't only congratulate you for the 25 years of existence, but we also celebrate with you the milestones that you have achieved in ensuring that the people of Uganda have increased access to safe, good quality and efficacious medicines.



We pledge our commitment to continued collaboration between NMS and NDA as we, together strive for excellence in effective and efficient service delivery.

For the Ugandans that we serve, help us serve you better by taking your individual responsibility seriously.

- Report theft of Government Medicines and Medical Supplies to the nearest Police Station or Health Monitoring Unit.
- Do not pay for any medicines or medical supply with words, **"NOT FOR SALE"**.

NMS is convinced that preventive health will significantly reduce the demand for medicines while maintaining good health for all Ugandans. **75%** of the diseases that we take to Health facilities are preventable. This means that, out of every **100** patients that come to our health facilities, **75** of us would **not** be there if we took personal responsibility for the good health.

So, let us do the following:

- Sleep under an Insecticide Treated Mosquito net everyday
- Take your children for immunization and ensure that they complete all the doses and for all the immunizable diseases.
- Always wear helmets when on motor cycles and safety belts when travelling in motor vehicles.

- Wash your hands with water and soap after every visit to the toilet/ latrine and before eating food.
- Ensure that there is a latrine for every household and it's used well.
- Always drink boiled clean water.
- Promote peaceful co-existence and reduce crime such as assaults, rape, defilement that affects health of the population.
- Exercise your body and avoid using Drugs of addiction and Tobacco.
- Eat natural healthy food
- Have regular check-ups and screening for diseases like Diabetes, High Blood Pressure and Cancers from qualified Health personnel.
- Use family planning method of our choice.
- Use our roads responsibly by avoiding over speeding, over loading and driving under influence of alcohol.

Then, for the **25** people out of **100** who have done all the above but still need treatment, the available Hospital beds, health workers and medicine would be sufficient.

We are committed to timely delivery of Medicines and other Medical supplies to Government Health Facilities for the good health of Ugandans.

NMS, Passionate about your life.

We strive to serve you better. For more information contact National Medical Stores(NMS) on Plot 4-12, Nsamizi Road, P.O Box, 16, Entebbe, Uganda. Tel: +256417104000, Fax: 0414321323. Email: sales@nms.go.ug
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