

NATIONAL MEDICAL STORES

The Board of Director, Management and Staff of National Medical Stores (NMS) Wish to congratulate H.E Gen. Yoweri Kaguta Museveni, the President of the Republic of Uganda, Cabinet, Parliament, Judiciary and all fellow Ugandan as we mark 33 years of Steady **Progress under the leadership of National Resistance** Movement (NRM).

We are committed to timely delivery of medicines and other Medical supplies to Government Health Facilities for the good health of Ugandans.

We emboss all Medicines and Medical Supplies to public health facilities in order to ensure security of your supplies.



HE Gen. Yoweri Kaguta Museveni President of the Republic of Uganda



Hon. Dr. Jane Aceng Minister of Health



Hon. Sarah Achieng Opendi Minister of State for Health (General Duties)



Hon. Dr. Moriku Joyce Kaducu Minister of State for Health (Primary Health Care)



Dr. Diana Atwine Permanent Secretary, Ministy of Health



Dr. Jotham Musinguzi Board Chairman, NMS

As we commemorate 33 years of NRM success, NMS joins H.E the President of the Republic of Uganda and the Ministry of Health in appealing to all people of Uganda to take the message of Preventive Health seriously.

Remember that in Uganda, 75% of the diseases that we take to Health facilities are preventable. This means that out of every 100 patients that come to our health facilities, 75 of us would not be there if we took responsibility for our health and did the following;

- Slept under an Insecticide Treated mosquito net every day.
- Took our children for immunization and ensured that they
- complete all the doses and for all the immunizable diseases. Always used helmets when on motor cycles and safety belts when travelling in motor vehicles.
- Washed hands with water and soap after every visit to the

- toilet/latrine and before eating food.
- Ensured that there is a latrine for every household.
- Drunk boiled clean water.
- Brushed/cleaned our teeth after every meal. 7.
- Promoted peaceful co-existence and reduced crime that affects health of the population as assaults, rape, defilement and accidents.
- Ensured healthy eating, regular exercise and avoided drugs and Tobacco use.
- 10. Had regular check-ups and screening for detection of diseases like Diabetes, High Blood Pressure and Cancers from qualified Health personnel.
- 11. Used family planning method of our choice.

Then, for the 25 people out of 100 who have done all the above but still need treatment, the Hospital beds, health workers and medicine would be sufficient for them.